



Caravans

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TO: Yosemite Rock
FROM: Stan Fishburn, Director of Camping
DATE: Summer 2008

Welcome to **Yosemite Rock!** We are looking forward to exploring the mountains of California. Rock climbing will be at Yosemite National Park. Yosemite has drawn climbers from all over the world to challenge themselves on its steep walls. We will cover basic rock skills, anchors, and bring people out on a multi-pitch climb. We will have an opportunity to learn more about the Lord, learn rock climbing, and make new friends. So, come prepared for fun and adventure.

This Caravan is designed so that anyone in average physical condition can have an enjoyable time. No experience is required. You will be instructed in wilderness and climbing skills during the Caravan. However climbing is a strenuous activity and unless you climb mountains every day you will want to prepare yourself for it. Obviously the better physical shape you are in the more you will be able to enjoy the climb. If you do not regularly, we encourage you to begin now. Running, biking, and swimming are good exercises to help you get ready for the Caravan. Also, wear your hiking boots around town and be sure they fit well. Bad blisters from poor fitting boots can be very painful on a Caravan.

Our Caravan Leader this year will include Hanna Kuhns and AJ Hanenburg. Hanna and AJ will ensure that each trip is safe, well planned, and filled with fun, fellowship, and excellent Bible study. AJ is a returning Caravan Leader and graduate of Whitworth University, with a Theology major. AJ enjoys Mountain Biking, Rock Climbing, and backpacking and has lots of experience working with youth. Hanna is a University of Idaho student. She is studying art education. Her camp experience includes working at the Torchbearer Bodenseehof Bible School in Austria. Assisting will be Climbing Rover, Tom Kuhns. Tom has extensive experience in rock climbing. Also leading the Caravan will be Aaron and Stan Fishburn. Aaron has climbed extensively up and down the west coast with experience climbing most of the Cascade Volcanoes and rock climbing experience from Squamish in Canada to Half Dome in Yosemite, California. Aaron is currently the Youth Leader at Cascade View Presbyterian Church in Everett. Stan Fishburn has had extensive experience instructing mountaineering throughout the Western United States and has led many successful accents of Glacier Peak, Mount Rainier, Smith Rocks, Yosemite and other western mountains. Stan is the Director of Tall Timber Ranch.

Included with this letter you will also find an "Equipment and Clothing List". Please be sure to bring all items on the list. Since we will have a very limited amount of space please do not bring a lot of extra items. You may want to bring your own pack, if not we have several to loan out.

Please meet Sunday, August 10, 9:00 AM at the Snohomish Presbyterian Church in Snohomish. We will finish in Snohomish on Monday, August 18, 5:00PM. For those desiring to car pool, a list of the names and addresses are available from the Tall Timber Ranch Office. Some of the specific details may change as we get closer to the Caravan. We will keep you posted.

Don't hesitate to contact us if you have any questions or if your plans change and you are unable to attend the CARAVAN. Our phone number is 509 763-3127. Look forward to an adventurous time!

YOSEMITE ROCK EQUIPMENT LIST

Please bring all of the following items:

CLOTHING

- _____ 1 pair of boots (for hiking)
- _____ 1 pair rock climbing shoes (see extra notes, can be rented)
- _____ 3 pair of socks
- _____ 2 pair light inner socks
- _____ 1 pair loose fitting pants
- _____ 1 pair shorts
- _____ 2 T - shirts
- _____ 2 pair underwear
- _____ 1 wool or pile sweater (or two lighter ones to layer)
- _____ 1 warm shirt (wool if possible)
- _____ 1 pull-over wool or pile cap
- _____ 1 bandanna
- _____ 1 set rain gear (coat and pants or poncho)
- _____ clothes for before and after caravan
- _____ towel and soap for post caravan shower

PERSONAL EQUIPMENT

- _____ 1 backpack
- _____ 2 quart water bottle
- _____ 1 warm, light sleeping bag with stuff sack
- _____ 1 ensolite sleeping pad
- _____ Insect repellent
- _____ sunburn cream (sun screen, not tanning lotion)
- _____ 1 spoon
- _____ 1 large cup (not glass)
- _____ 1 pair dark glasses
- _____ 1 flashlight
- _____ 1 notebook
- _____ 1 small Bible
- _____ 2 pens/pencils
- _____ personal toiletries including toothbrush, tooth paste, biodegradable soap, chapstick, toilet paper, sunscreen, etc.

OPTIONAL ITEMS

- _____ camera
- _____ running shoes
- _____ pocket knife

EXTRA NOTES

ROCK CLIMBING SHOES – Climbing shoes will make the climbing experience a much more positive. Climbing shoes can be rented. We can pick them up when we arrive.

PACKING - For climbing it is best to pack personal belongings in soft packs, or Frame packs. Line your pack with plastic garbage bags, and pre-pack your clothes in another plastic bag(s) before putting them in your pack. Please have personal items identified with your name. Caravan's has a few packs available at camp.

RAIN GEAR - Our chief concerns are durability of the material and fit. Don't bring plastic rain gear that will rip easily. Heavier plastic, rubber-coated nylon, are all acceptable. Make sure that the rain gear fits over clothing that would be worn in cold weather.

WOOL & PILE CLOTHING - Some of the clothing you have been asked to bring is to be of wool or pile. No other material will do. Wool and pile retains body heat even when it gets wet.

The equipment list found above represents our best efforts to let you know what you will need: we consider it to be a list of essentials. We may not be able to take responsibility for anyone who is not fully equipped. At the same time, this does not have to be a prohibitively expensive endeavor. Much of the equipment you need can be borrowed, purchased at surplus stores, or rented.

CARAVANS WILL PROVIDE

tent

stoves

group cooking gear

group first aid kit

food

climbing gear

a few extra backpacks (please let us know if you need to borrow one)